# Flying Fruit Video Transcript: Apple

## Age 4 – 5

Voice over:

Apple

When you eat an apple, have you ever wondered where it has come from? Let's follow an apple's journey to our plate.

Apples grow in many different countries. This is an orchard, and it's full of apple trees, which grow apples once a year. Like all plants, these apple trees need sunlight and water to grow.

In the Spring, apple trees are covered with little flowers. Every flower that is pollinated will grow into an apple. When the tree has been pollinated, the flowers dry and fall off, leaving a baby apple, with tiny apple seeds inside.

All summer, the apples grow into beautiful, crunchy apples. Then they are ready to be picked, or harvested.

These apples are being picked by hand. They have to be picked very carefully so as not to damage them.

Look at all the different apples.

Apples are put in lorries, or boats, or planes and taken to shops to be sold. You have probably seen lots of different kinds of apples when you go shopping.

And here's an apple, ready to eat. Can you see the pips inside the apple? They are the apple's seeds. If you planted one, it would grow into an apple tree.

Apples are delicious, have you eaten one today?